

GET IN THE GROOVE

with Victoria Vox
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Rhythm 101:

4/4 time means: 4 beats to a measure & quarter note gets the beat

whole note half notes quarter notes

1(2,3,4)
D 1(2) 3(4) 1 2 3 4
D D D D D D D D

4 eighth notes sixteenth notes

1 + 2 + 3 + 4 + 1 e + a 2 e + a 3 e + a 4 e + a
D U D U D U D U D U D U D U D U D U D U D U D U D U D U D U D U

6 **Rock / Blues: straight 1/8 notes VS Hawaiian Swing: swung 1/8 notes**

1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +
D U D U D U D U D U D U D U D U D U D U D U D U D U D U D U D U

10 **Reggae Ex. 1: fast four beat count, play on 2 + and 4 +. (tap is downward motion on 1 and 3)**

tap 2 + tap 4 + tap 2 + tap 4 + tap 2 + tap 4 +
D D U D D U D D U D D U D D U D D U D D U D D U

14 **Reggae Ex. 2: slow four beat count, play on +a, +a, +a, +a. (tap is downward motion)**

tap + a tap + a tap + a tap + a tap + a tap + a
D D U D D U D D U D D U D D U D D U D D U D D U D D U

Calypso / Pop / Folk / Island Strum:
16 **beat 3 is silent, however, still use downward motion in between ups (U)**

1 2 + ___ + 4 + 1 2 + ___ + 4 + 1 2 + ___ + 4 + 1 2 + ___ + 4 +
D D U ___ U D U D D U ___ U D U D D U ___ U D + D D U ___ U D U

*** Variation: Now try adding an Index/Thumb Roll (D) on beat 2

Pop / Rock w/ Chunk (1/8 note feel): (same as Calypso, but Chunk on beat 2 + 4 back beat)
20 **Also, use thumb nail to strum UP (if possible). Played STRAIGHT**

1 2 + ___ + 4 + 1 2 + ___ + 4 + 1 2 + ___ + 4 + 1 2 + ___ + 4 +
D DX U ___ U DX U D DX U ___ U DX U D DX U ___ U DX U D DX U ___ U DX U

TRY DIFFERENT TIME SIGNATURES

3/4 time means: 3 beats to a measure & quarter note gets the beat

Try plucking the notes for an OPERA / CLASSICAL vibe by alternating the THUMB (TH) on C & G strings (, and using the Middle/Ring on E & A strings (together)

46

1 TH D D 2 M/R D U 3 M/R D D 1 TH D D 2 M/R D U 3 M/R D D 1 TH D D 2 M/R D U 3 M/R D D 1 TH D D 2 M/R D U 3 M/R D D

50

6/8 time means: 6 beats to a measure & eighth note gets the beat

1 D D 2 D U 3 D D 4 D D 5 D D 6 D D 1 D D 2 D U 3 D D 4 D D 5 D D 6 D D 1 D D 2 D U 3 D D 4 D D 5 D D 6 D D 1 D D 2 D U 3 D D 4 D D 5 D D 6 D D

54

6/8 time w/ swaying (2) feel

1 D 2 U 3 D 4 U 5 D 6 U 1 D 2 U 3 D 4 U 5 D 6 U

56

12/8 time w/ 4 feel

1 D 2 U 3 D 4 U 5 D 6 U 7 D 8 U 9 D 10 U 11 D 12 U

Doo-Wop: This has a "slow 4" feel.

57

12/8 time means: 12 beats to a measure & eighth note gets the beat (like Earth Angel or At Last)

1 D 2 U 3 D 4 D 5 UX 6 DX 7 D 8 U 9 D 10 D 11 UX 12 DX

58

Doo-Wop with added "back beat" feel

1 D 2 U 3 D 4 D 5 UX 6 DX 7 D 8 U 9 D 10 D 11 UX 12 DX 1 D 2 U 3 D 4 D 5 UX 6 DX 7 D 8 U 9 D 10 D 11 UX 12 DX