

Centrum Youth Programs

WHAT TO BRING & WHAT NOT TO BRING

ESSENTIALS

Cell phones and electronic devices are not allowed at Centrum Youth Programs. In case of emergency Centrum's program manager and staff carry phones and will notify you as soon as possible. You may leave a message for your student at any time with Program Manager Bonnie Showers (360) 385-3102 x 120. You will receive contact information in an email prior to the start of EXPLORATIONS.

- An extra blanket (it can be cold)
- Warm clothes (including a warm jacket)
- Rain gear
- Clothes you can get messy in (paint, etc.)
- Soap & shampoo
- Day Pack
- Water bottle or canteen
- Hat (such as a baseball cap) An alarm clock
- Flashlight
- Spiral notebook or journal
- Pens, pencils and erasers
- Clothes you can MOVE in for dance, theater, etc. (not jeans)

OPTIONAL

- Musical instruments
- Camera
- Quarters and soap (To do laundry)
- Healthy snacks (Centrum provides three meals a day, as well as light evening and afternoon snacks. Students are welcome to bring additional snacks, however we strongly discourage sending students to Centrum with large amounts of sugary snacks).
- NOTE: Linens are provided in the dormitory, including, pillows, sheets, blankets and towels.
- Bathing suit, if you are bashful. You may want to bring a suit for when you take a shower, although there are individual shower stalls for privacy.

Please go through this list carefully, and call if you have any questions. Providing extra care in helping your student prepare for the week will enhance their experience greatly. Thank you for your help!